- STRENGTH
- LEAN MUSCLE MASS
- ENDURANCE
- ATHLETIC PERFORMANCE
- MUSCLE RECOVERY
- IMMUNE DEFENSE

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is damaged.
- Consult with your physician If you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not meant to diagnose, treat, cure, or prevent any disease.

Manufactured for Culture For Good. Phoenix, Arizona 85006
Manufactured in a GMP facility. 1 (800) 803-5651

culture® FOR GOOD

Creatine+
MONOHYDRATE GUMMIES

90 GUMMIES | BODY + MIND BOOST | 30 SERVINGS

100% GLUTEN FREE · VEGETARIAN · MADE IN USA

Supplement Facts

Serving Size: 3 Gummies — Serving per Container: 30

Amount Per 3 Gummies		% Daily Value
Calories	25	
Total Carbohydrates	7g	3%*
Dietary Fiber	2g	8%*
Total Sugars	0g	†
Sodium	27mg	1%
Creatine	3000mg	†
Black Currant Powder	400mg	†
L-Theanine	100mg	†
Methylcobalamin (Vit. B12)	3mcg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

1 Gummy:
1g Creatine

Directions:
For best results, take 3-5 gummies per day.

Other Ingredients:
Inulin Syrup, Maltitol, Water, Pectin, Tropical Mango Pineapple, Monk Fruit Juice Concentrate, Allulose, Sodium Citrate, Natural Flavor Extract Banana, Organic Gum Arabic(Acacia), Monk

Store tightly closed in a cool, dry place.